



DUBLIN INSTITUTE OF TECHNOLOGY
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'Milking the Dairy Industry' to avoid waste

by

Dr Rena Barry-Ryan

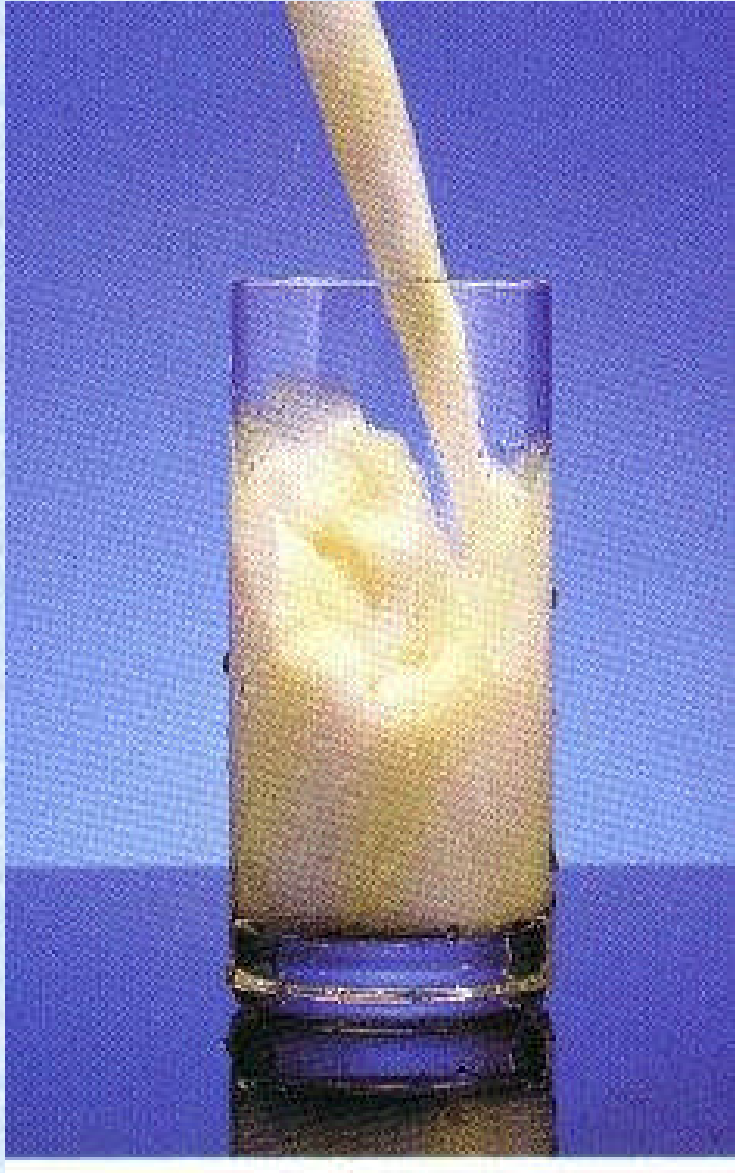
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Dublin 1.

7th Feb 2014



Days

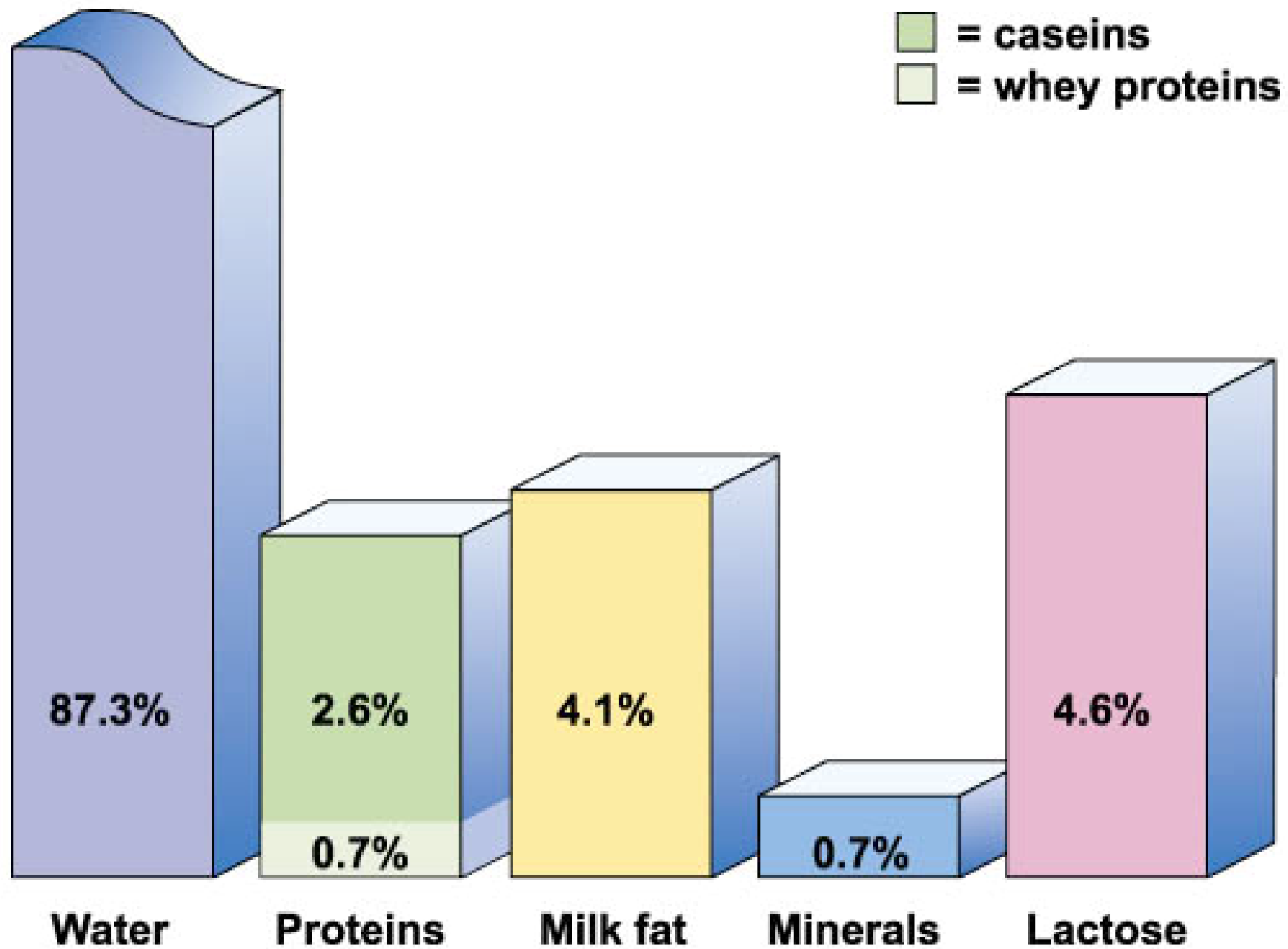


Weeks



Months





Milk

CHEESE WHEY

WATER (935 g/l)

TOTAL SOLIDS (65 g/l)

Grams/litre

CARBOHYDRATES

Lactose (47 g/l)

MILK FAT (g/l)

Triglycerides (0.25)
Diglycerides (0.05)
Fatty acids (0.05)
Phospholipids (0.15)

MINERALS (g/l)

Calcium (0.6)
Magnesium (0.1)
Phosphorous (0.7)
Potassium (1.5)
Chloride (1.1)
Sodium (0.5)

PROTEINS (g/l)

β -lactoglobulin (3.0)
 α -lactalbumin (1.2)
Serum albumin (0.4)
Immunoglobulin-G (0.7)
Proteose pepton (0.6)
Other proteins (0.3)

Milligrams/litre

NPN (mg/l)

Urea (80)
Amino acids (25)
Cholin (15)
Orotic acid (12)

VITAMINS (mg/l)

Vitamin B₅ (4.0)
Vitamin B₂ (1.5)
Vitamin C (1.5)
Vitamin B₆ (0.5)

TRACE ELEMENTS (mg/l)

Zinc (1.5)
Iron (0.6)
Iodine (0.5)
Copper (0.2)

MINOR PROTEINS (mg/l)

Immunoglobulin-A (50)
Lactoferrin (45)
Lactoperoxidase (25)
Lysozyme (2)

Author Dr.J.N de Wit

[8]

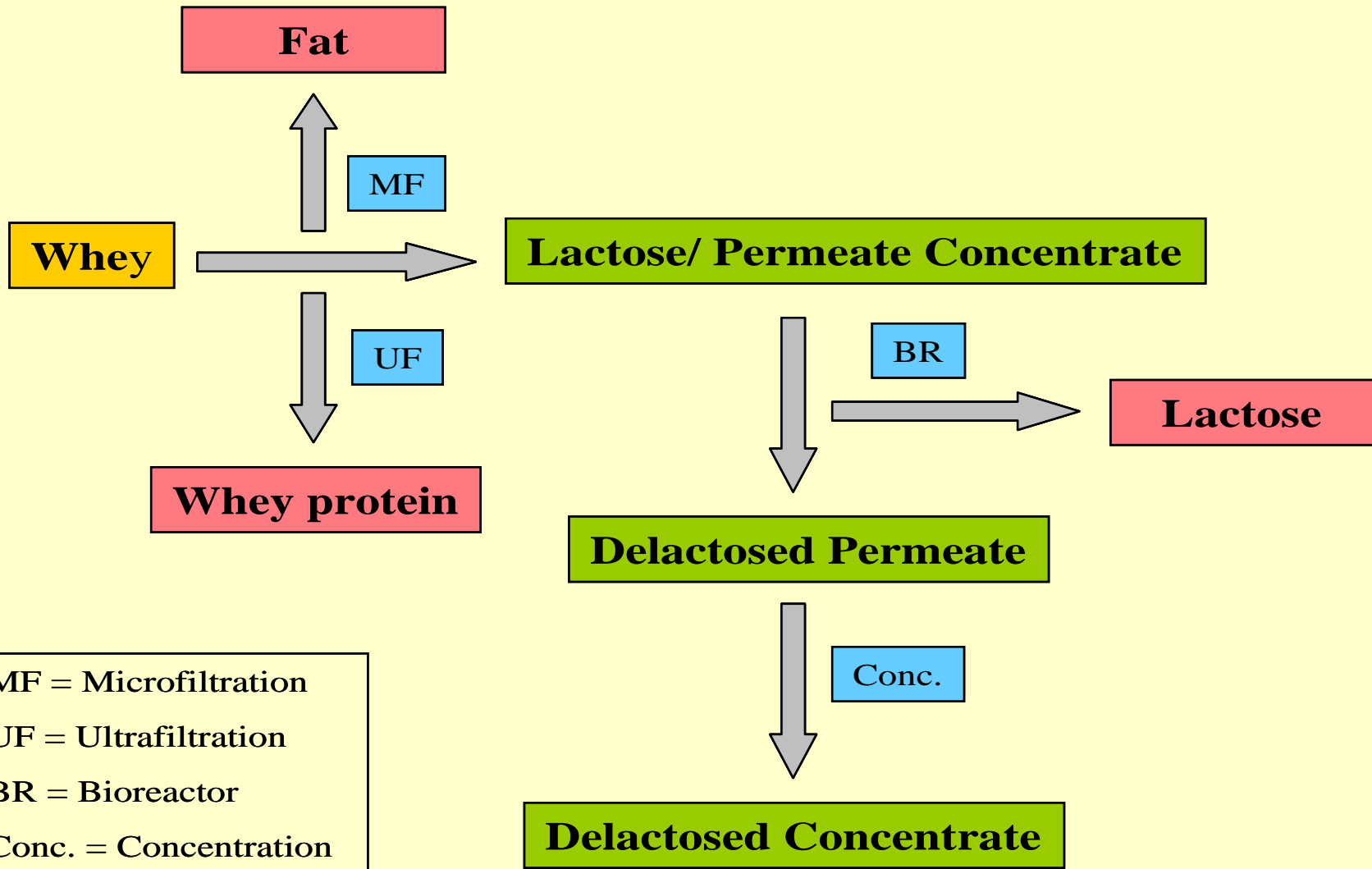
Stirring

[9]

Draining

[10]

Curd



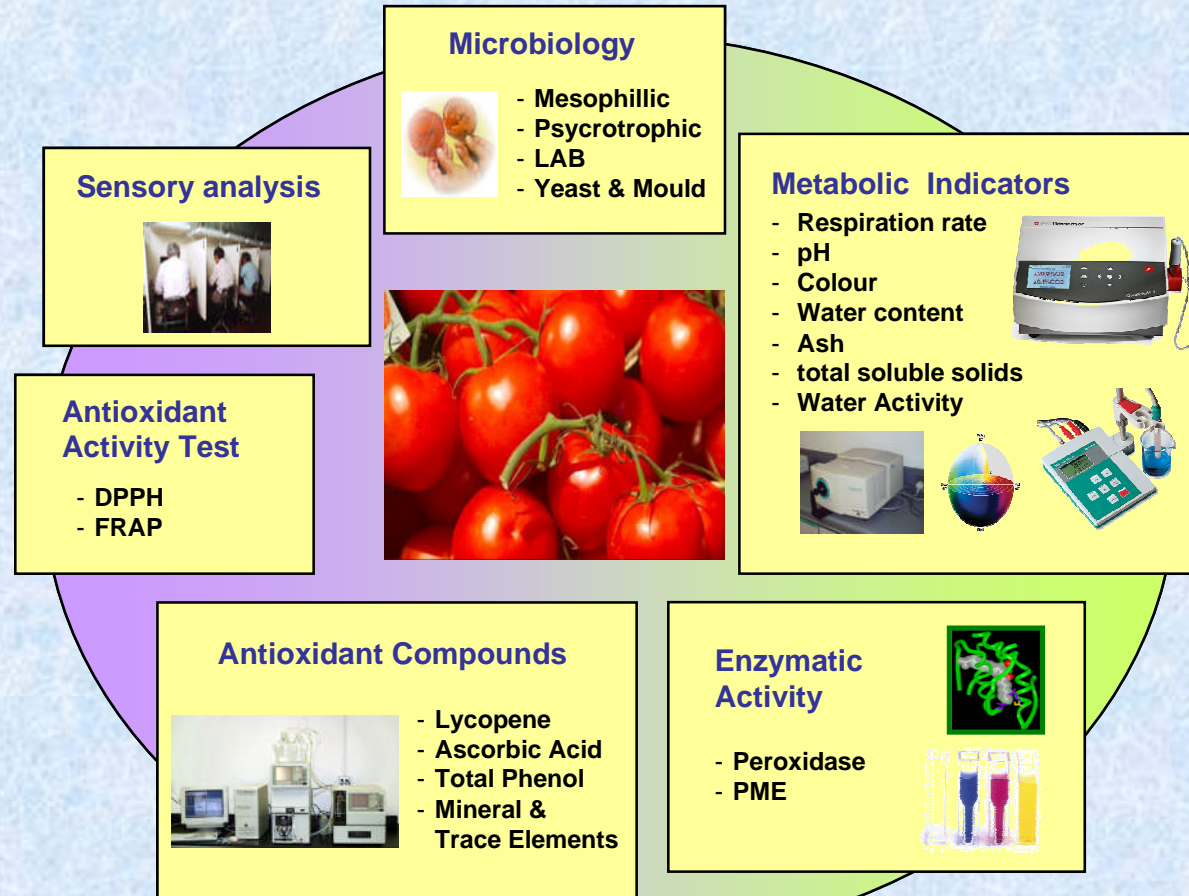
DIT

Examine the applicability of **whey permeates** to **preserve & enhance** the nutritional quality of fresh and processed **fruits and vegetables**.



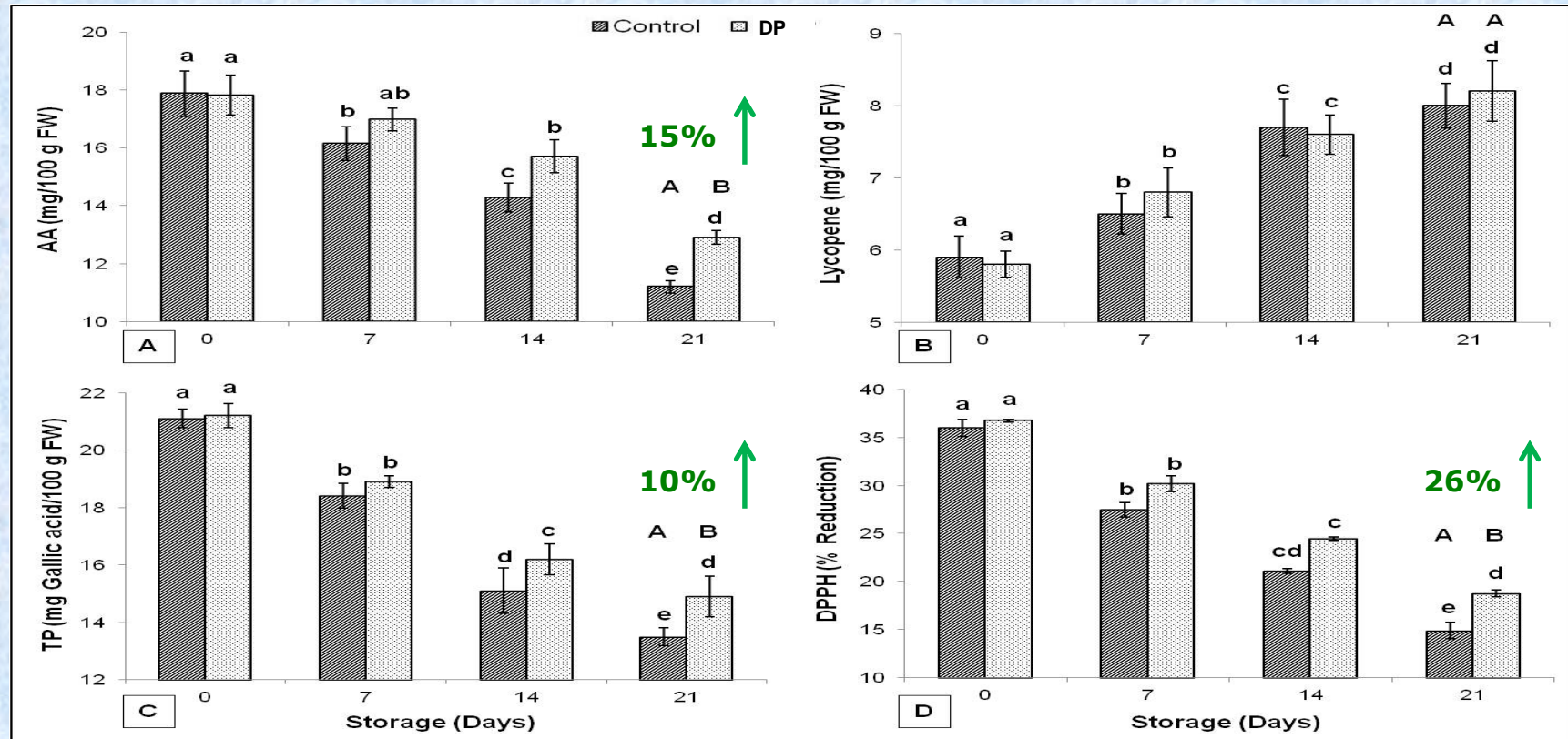
- ❖ Irish vine-ripened tomatoes
(*Lycopersicon esculentum* L. Mill. cv. Moneymaker)
- ❖ Irish Strawberries
(*Fragaria* × *ananassa* Duch. var Elsanta)

Methods



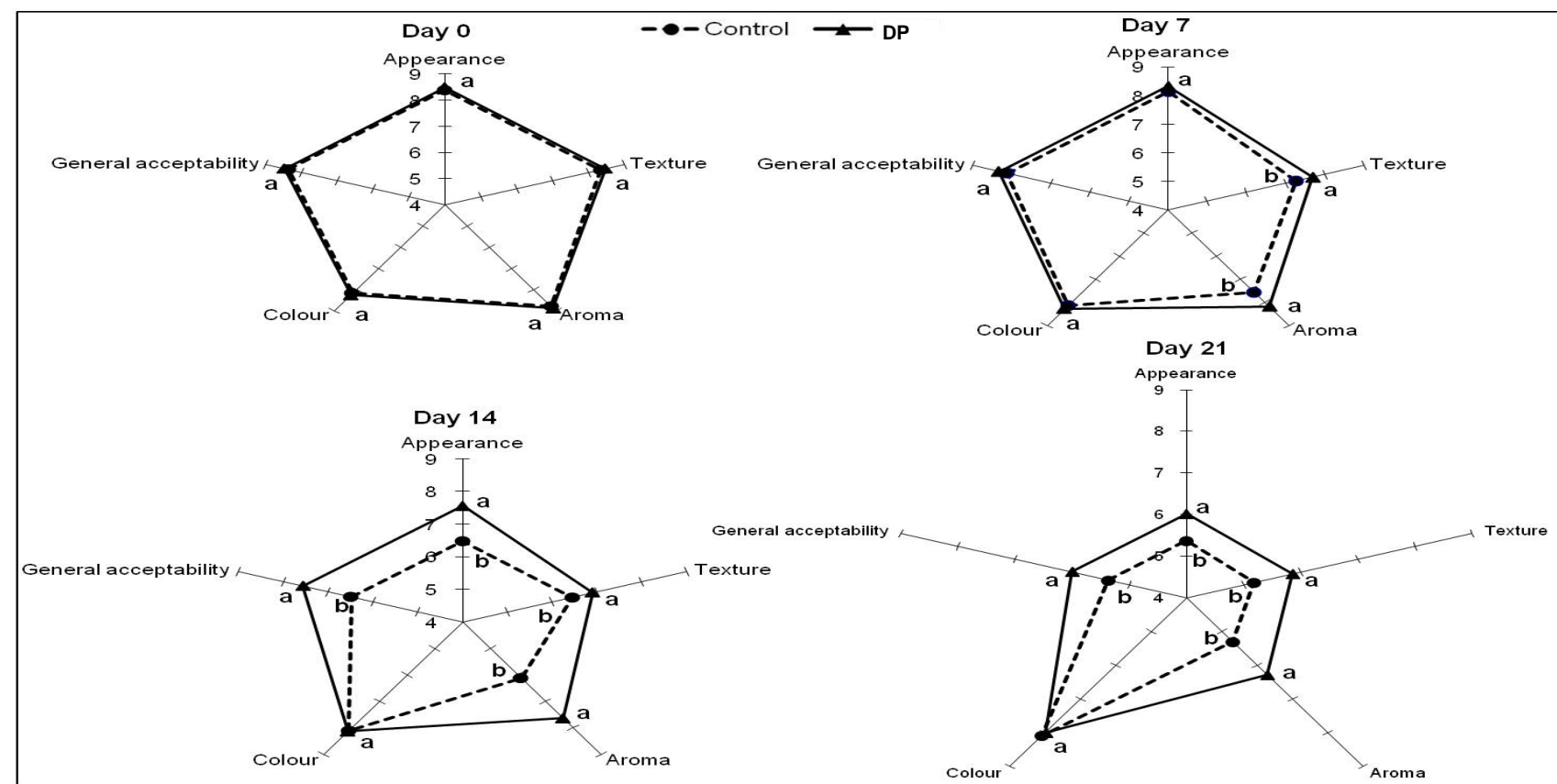
Physico-chemical, Nutritional and Microbial Markers tested

Whole Tomatoes



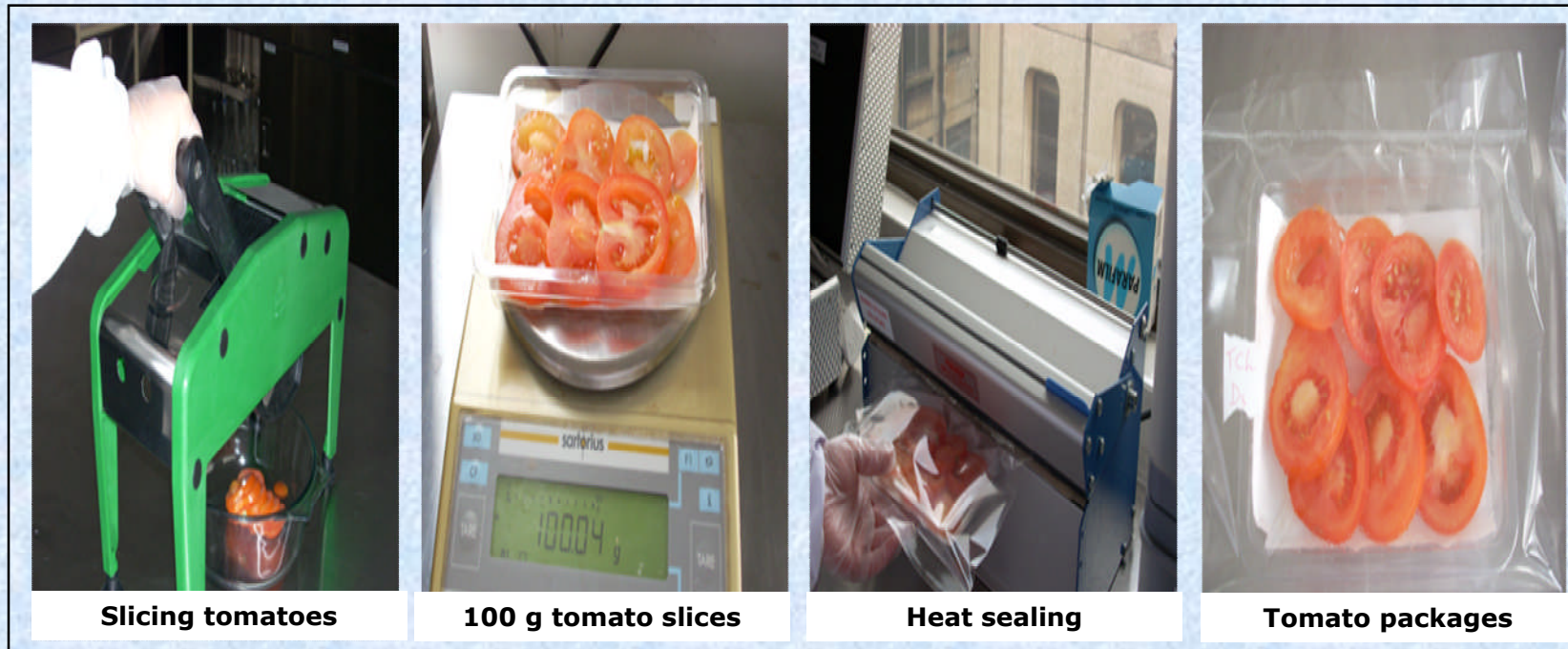
Effect of whey delactosed permeate (DP) and chlorine treatment on (A) ascorbic acid (AA), (B) lycopene, (C) total phenols and (D) antioxidant activity - DPPH in whole tomatoes during 21 days of storage at 15 °C

Whole Tomatoes



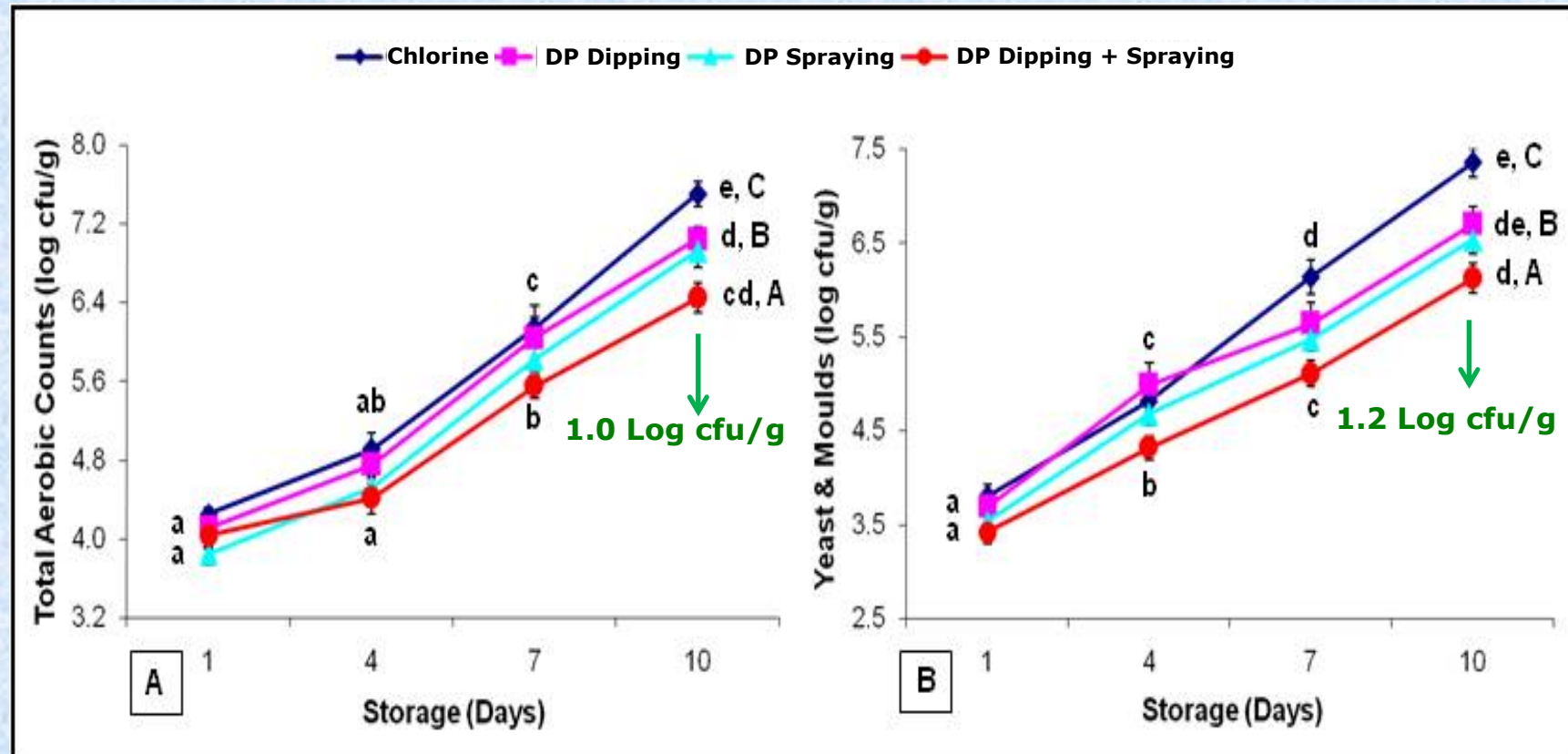
Sensory evaluation of whole tomatoes after they delactosed permeate (DP) and chlorine treatment and stored at 15 °C for 21 days.

Sliced Tomatoes



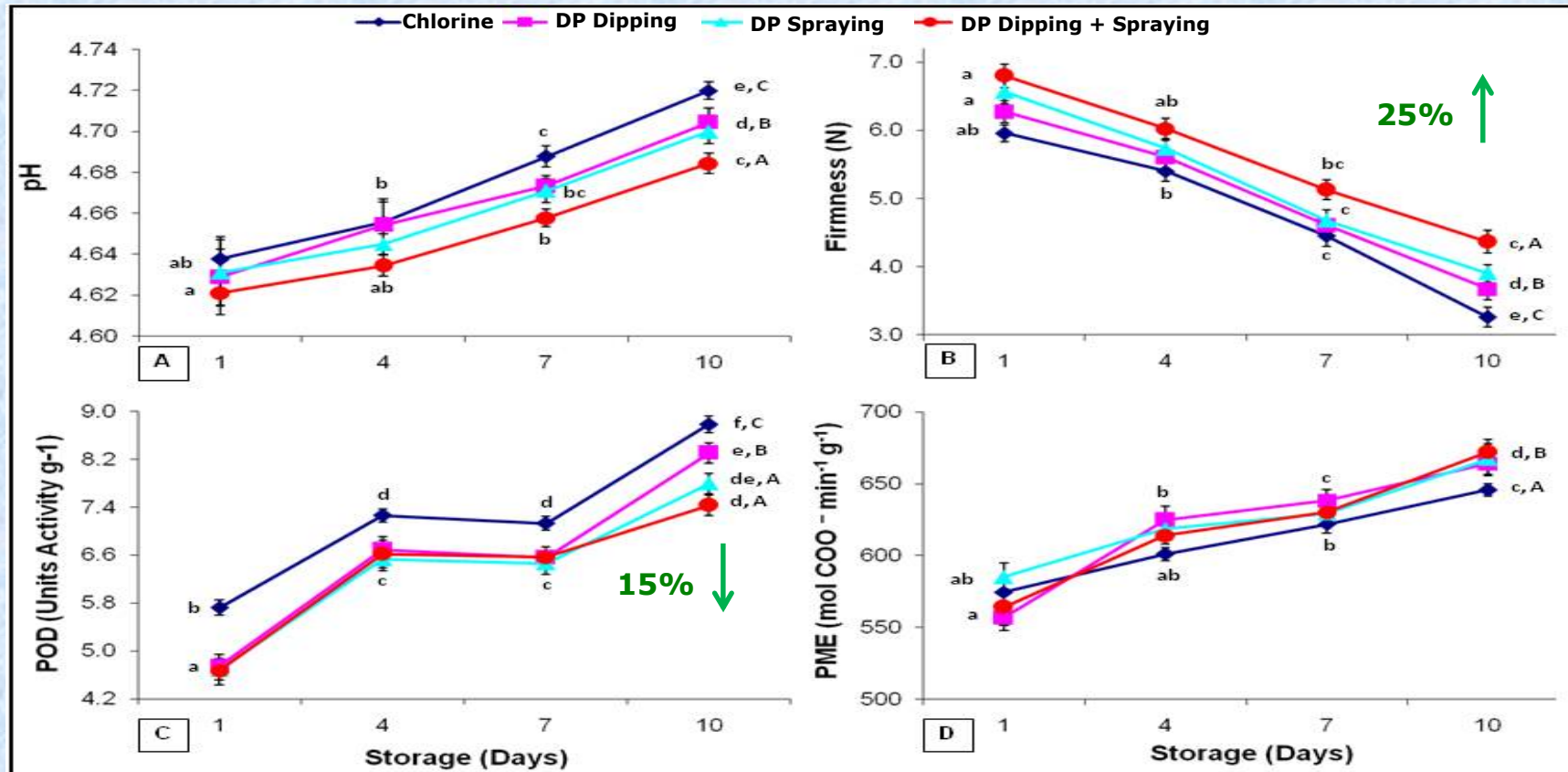
Processing steps for fresh-cut tomatoes

Sliced Tomatoes



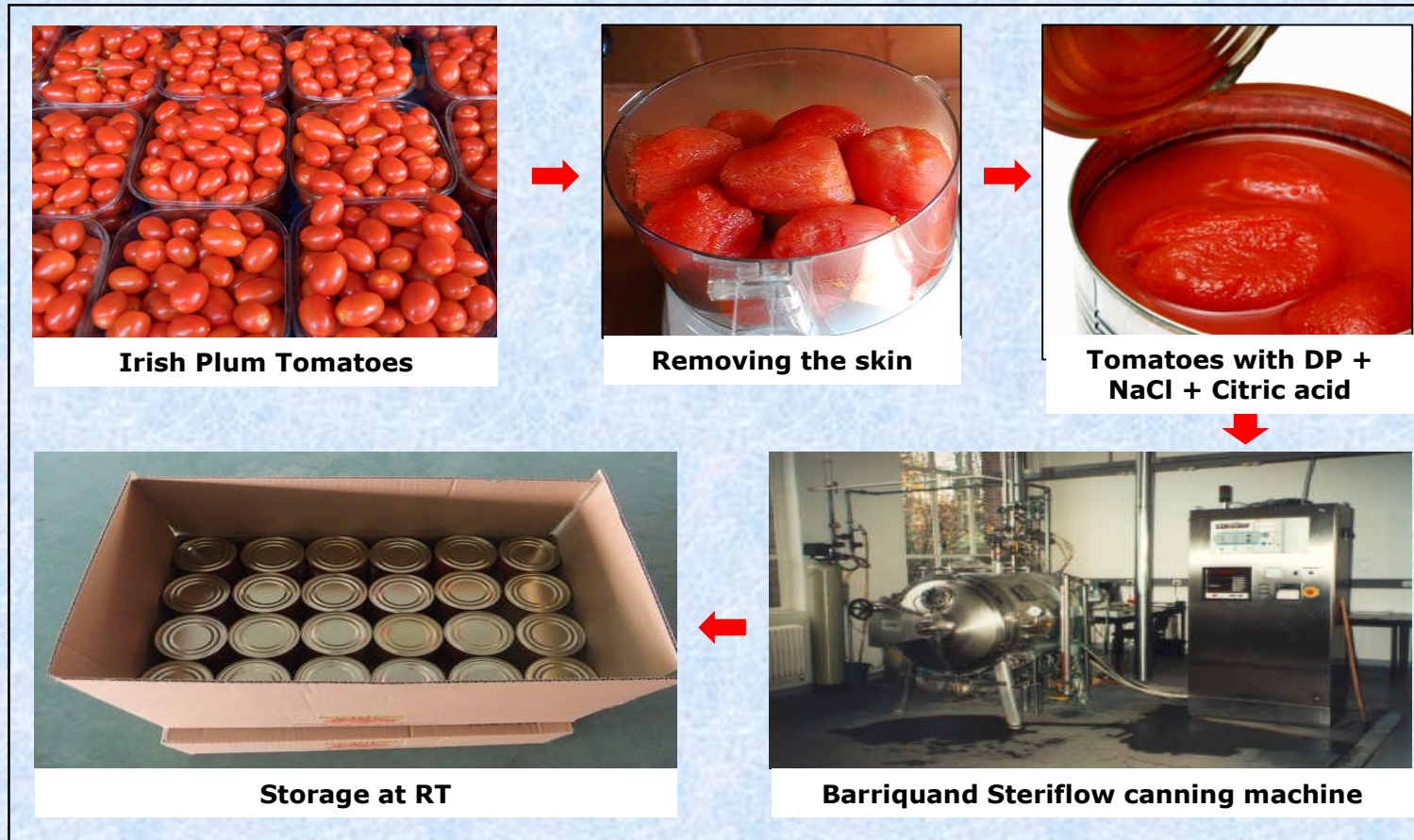
Effect of chlorine and whey delactosed permeate (DP) treatments by dipping, spraying and a combination of both methods on total aerobic counts (A) and yeast and moulds (B) during 10 days storage of fresh-cut tomato at 4 °C.

Sliced Tomatoes



Changes in (A) pH, (B) texture, (C) peroxidase (POD) and (D) pectin methyl esterase (PME) of fresh-cut tomatoes treated with chlorine and whey delactosed permeate (DP) by dipping, spraying and a combination of both methods during the 10 days of storage at 4 °C


Canned Tomatoes



Processing steps for canned tomatoes

Canned Tomatoes

Changes in phytochemical content of canned Irish plum tomatoes added with delactosed permeate (DP) and/or NaCl+ citric acid for 6 months



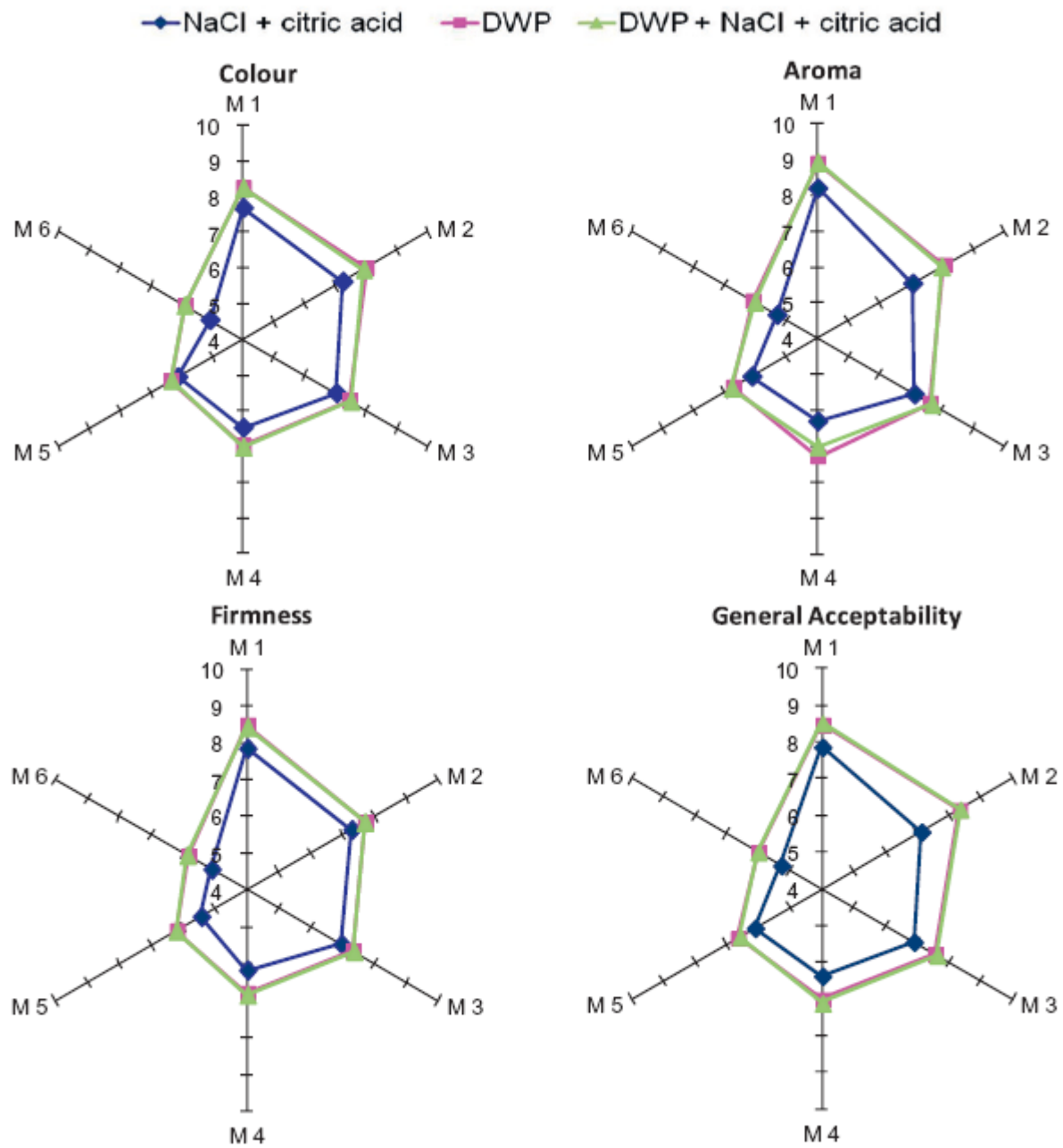
Markers	Treatments	Significance of Difference	Storage (Months)						
			0	1	2	3	4	5	6
Ascorbic Acid (mg/100 g DW)	NaCl+ Citric Acid	A	130.81 ^g	122.12 ^f	114.7 ^{de}	109.05 ^d	101.22 ^c	95.983 ^b	91.0 ^a
	DP	B	141.4 ^h	133.9 ^g	128.4 ^{fg}	122.6 ^f	117.5 ^e	112.9 ^{de}	108.2 ^d
	DP + NaCl+ Citric Acid	C	143.51 ^h	139.78 ^{gh}	135.62 ^g	129.15 ^{fg}	122.317 ^f	115.38 ^{de}	111.76 ^{de}
Lycopene (mg/100 g DW)	NaCl+ Citric Acid	A	108.3 ^b	107.8 ^b	105.5 ^{ab}	106.6 ^b	104.7 ^{ab}	102.8 ^a	104.1 ^{ab}
	DP	B	120.2 ^d	116.5 ^{cd}	115.8 ^{cd}	113.3 ^c	115.8 ^{cd}	115.5 ^{cd}	114.0 ^c
	DP + NaCl+ Citric Acid	C	125.3 ^e	123.3 ^e	122.0 ^{de}	122.7 ^{de}	121.8 ^{de}	121.2 ^{de}	121.0 ^{de}
Total Phenol (mg GAE/100 g DW)	NaCl+ Citric Acid	A	290.6 ^a	292.0 ^{ab}	294.7 ^b	295.2 ^b	297.8 ^c	298.8 ^{cd}	300.7 ^d
	DP	B	304.4 ^e	305.3 ^e	306.2 ^e	308.2 ^f	310.3 ^g	311.6 ^{gh}	312.4 ^{gh}
	DP + NaCl+ Citric Acid	C	305.3 ^e	306.2 ^e	307.4 ^{ef}	309.3 ^f	311.4 ^{gh}	312.1 ^{gh}	314.1 ^h
DPPH (% Inhibition)	NaCl+ Citric Acid	A	64.67 ^e	63.17 ^{de}	60.67 ^d	56.67 ^c	54.5 ^b	53.33 ^b	51.5 ^a
	DP	B	75.5 ^{fg}	72.67 ^f	71.00 ^f	68.0 ^{ef}	65.17 ^e	63.0 ^{de}	61.33 ^d
	DP + NaCl+ Citric Acid	C	80.33 ^g	79.0 ^g	77.33 ^{fg}	75.0 ^{fg}	73.5 ^f	71.17 ^f	67.17 ^{ef}
FRAP (mg Trolox/100 g DW)	NaCl+ Citric Acid	A	1197.3 ^{fg}	1182.5 ^f	1156.1 ^e	1104.5 ^{cd}	1064.7 ^b	1000.8 ^{ab}	983.8 ^a
	DP	B	1213.8 ^g	1203.8 ^g	1187.8 ^f	1152.5 ^e	1124.0 ^d	1096.7 ^c	1052.3 ^b
	DP + NaCl+ Citric Acid	C	1216.5 ^g	1204.6 ^{fg}	1191.7 ^f	1168.8 ^e	1139.5 ^d	1110.7 ^{cd}	1089.2 ^c



Canned Tomatoes

Changes in texture and colour of canned tomatoes added with delactosed permeate (DP) and/or NaCl + citric acid stored for 6 months

Markers	Treatments	Significance of Difference	Storage (Months)						
			0	1	2	3	4	5	6
Texture (N)	NaCl+ Citric Acid	A	4.17 ^{fg}	3.52 ^{de}	3.19 ^{cd}	3.06 ^c	2.83 ^b	2.71 ^{ab}	2.53 ^a
	DP	B	5.09 ^{gh}	4.81 ^g	4.62 ^g	4.06 ^f	3.72 ^e	3.56 ^{de}	3.27 ^d
	DP + NaCl+ Citric Acid	C	5.45 ^h	5.35 ^h	4.82 ^g	4.33 ^{fg}	4.08 ^f	3.82 ^e	3.55 ^{de}
Colour									
L*	NaCl+ Citric Acid	A	22.20 ^{de}	21.95 ^d	21.36 ^c	21.16 ^c	20.78 ^{bc}	20.37 ^b	19.58 ^a
	DP	B	24.82 ^{fg}	24.84 ^{fg}	24.14 ^f	23.32 ^e	22.72 ^{de}	22.22 ^{de}	21.76 ^d
	DP + NaCl+ Citric Acid	C	25.50 ^g	24.47 ^f	24.19 ^f	23.44 ^e	23.08 ^e	22.62 ^{de}	22.12 ^d
a*	NaCl+ Citric Acid	A	9.49 ^c	9.26 ^{bc}	9.07 ^{bc}	8.80 ^b	8.64 ^b	8.41 ^b	8.01 ^a
	DP	B	12.80 ^f	12.47 ^{ef}	12.31 ^e	12.10 ^{de}	12.06 ^{de}	11.84 ^d	11.75 ^d
	DP + NaCl+ Citric Acid	C	13.08 ^f	12.91 ^f	12.73 ^f	12.62 ^{ef}	12.55 ^{ef}	12.41 ^e	12.22 ^e
b*	NaCl+ Citric Acid	A	23.58 ^d	23.29 ^c	23.18 ^c	22.82 ^{bc}	22.62 ^b	22.45 ^b	22.23 ^a
	DP	B	25.09 ^{fg}	24.62 ^f	24.33 ^{ef}	24.10 ^e	23.79 ^{de}	23.60 ^d	23.29 ^c
	DP + NaCl+ Citric Acid	C	25.87 ^h	25.55 ^g	25.31 ^{fg}	25.07 ^{fg}	24.80 ^f	24.72 ^f	24.46 ^{ef}
Hue	NaCl+ Citric Acid	A	68.07 ^c	68.32 ^c	68.62 ^{cd}	68.92 ^d	69.10 ^e	69.47 ^{ef}	70.19 ^f
	DP	B	62.97 ^a	63.13 ^{ab}	63.16 ^{ab}	63.34 ^b	63.11 ^{ab}	63.36 ^b	63.24 ^{ab}
	DP + NaCl+ Citric Acid	C	63.18 ^{ab}	63.19 ^{ab}	63.30 ^{ab}	63.28 ^b	63.16 ^{ab}	63.34 ^b	63.45 ^b
Chroma	NaCl+ Citric Acid	A	25.42 ^{cd}	25.07 ^c	24.89 ^c	24.46 ^{bc}	24.21 ^{bc}	23.98 ^b	23.63 ^a
	DP	B	28.17 ^{fg}	27.59 ^f	27.26 ^{ef}	26.96 ^e	26.67 ^{de}	26.41 ^{de}	26.08 ^d
	DP + NaCl+ Citric Acid	C	28.99 ^g	28.62 ^g	28.33 ^{fg}	28.07 ^{fg}	27.79 ^f	27.66 ^f	27.34 ^e



Strawberries



Washing strawberries



Drying strawberries



Strawberry packages

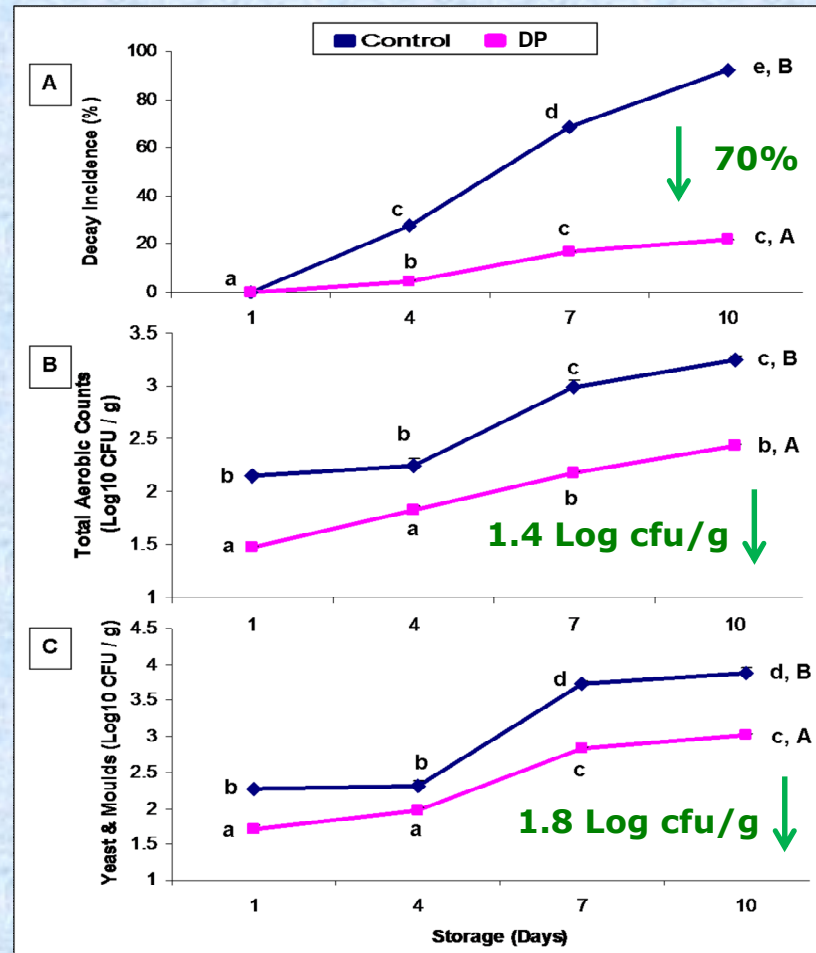


Strawberries in storage

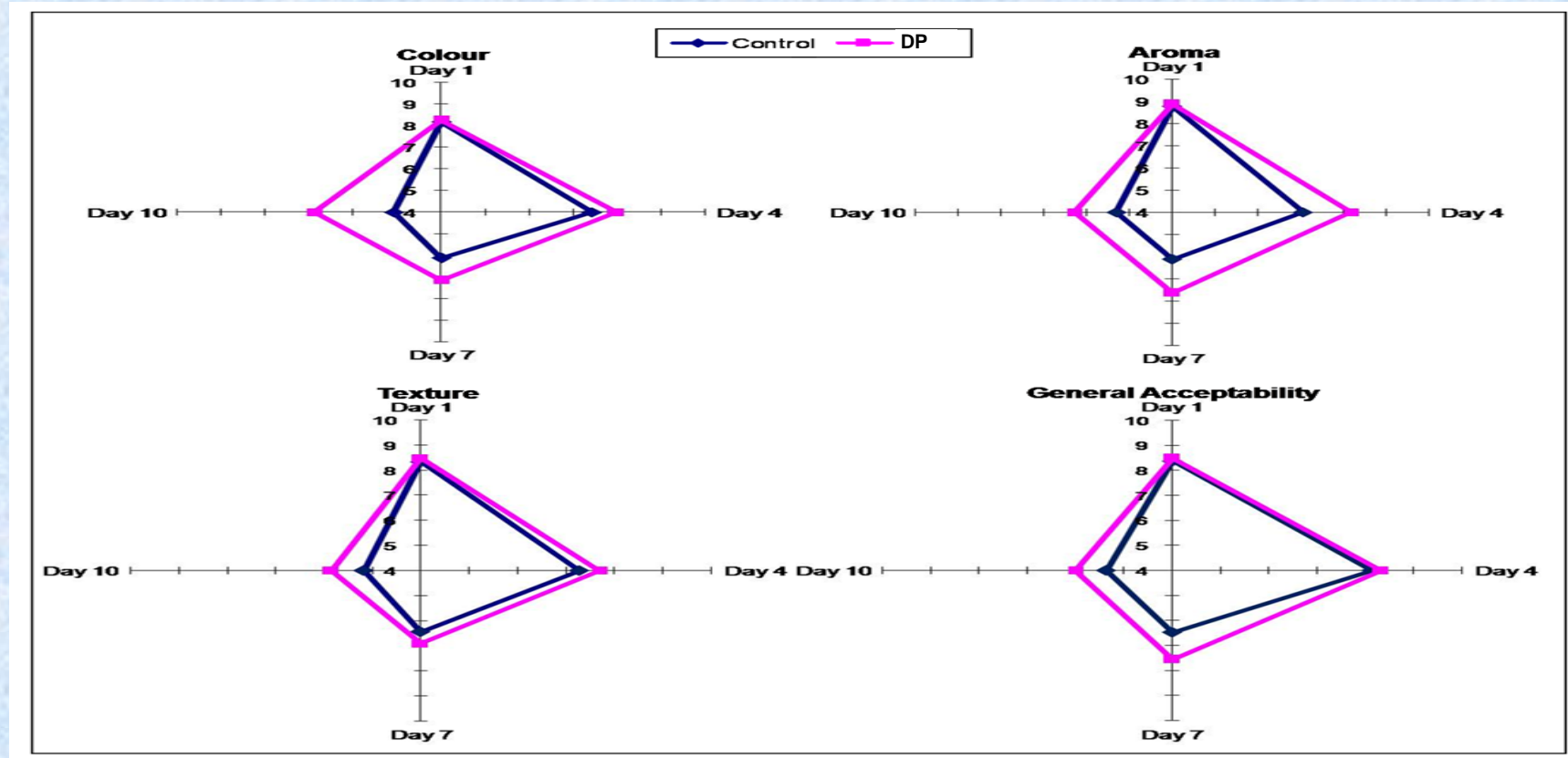
Processing steps for fresh strawberries

Strawberries

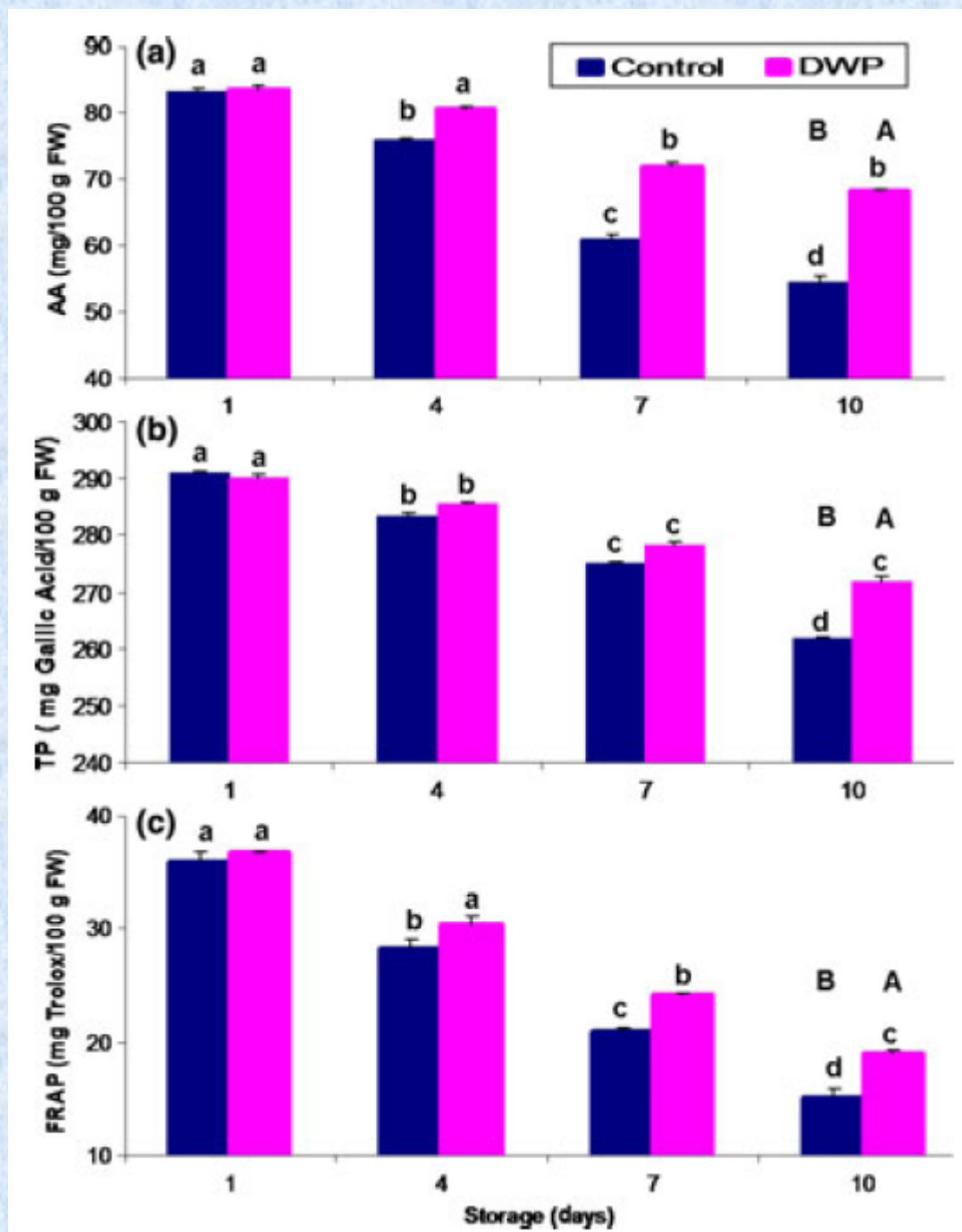
Effect of whey delactosed permeate (DP) treatment on (A) decay incidence, (B) total aerobic counts and (C) yeast and moulds of strawberries during 10 days of storage at 4 °C



Strawberries



Sensory evaluation of strawberries treated with whey delactosed permeate (DP) and compared with control (washed with distilled water) samples at 4 °C for 10 days of storage





Conclusion

- ❖ Whey permeate possesses valuable components & functional properties.
- ❖ Delactosed permeate (DP) had significantly better results.
- ❖ Whey permeates performed better or similar to the industrial standard chlorine in retaining the quality of fresh-cut tomatoes.
- ❖ DP significantly reduced the decay incidence, lowered the growth of microbial population and maintained overall quality & antioxidant components of whole tomatoes and strawberries.
- ❖ DP significantly retained the phytochemical content and maintained firmness of canned tomato.
- ❖ The presence of anti-microbial peptides (caseinmacropeptide or bacteriocins) in DP might contribute to its anti-microbial capacity.
- ❖ Therefore, DP treatment could be used as a potential preserving agent for fresh-cut, whole and processed fruits and vegetable products to extend the shelf-life and maintain the nutritional quality during storage.

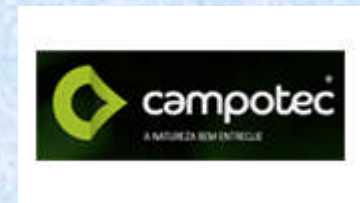


WHEYSAN

whey based formula



<http://www.contactica.es/wheysan/index.php>





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- ❖ DIT Strand I Research Project for financial support
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