

**frs**  
training

## BEST PRACTICE IN MILKING

2 Day Course  
FETAC/QQI  
Certified

### COURSE CONTENT

Preparation  
for Milking  
Milking Routine  
Milk Quality  
Washing Up  
Mastitis  
Prevention

### Five top tips: getting the basics right

- Prepare correctly – yourself and cows
- Prepare and milk cows in batches: 4 – 6 cows/batch
- Attach liners in circular motion
- Switch hands between rows
- Disinfect teats: 15 ml spray/cow

## BEST PRACTICE IN MILKING COURSE

Courses nationwide

Sign up today or

register at [www.frstraining.com/milkingcourse](http://www.frstraining.com/milkingcourse) or

by calling 1890 20 1000