

Stage 2.5: Are you satisfied with your current work/ life balance?

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| | Yes |
| Do you enjoy what you are doing? | |
| Do you spend enough time with your family (wife/ partner/ children)? | |
| On average, do you finish work by 6pm (outside of the calving season)? | |
| Do you use a contractor/labour to reduce your workload at busy times? | |

To achieve my plan, there are things I must...

| Start doing | Stop doing |
|-------------|------------|
| | |

How will your daily workload change once your plan is implemented?